

For as long as we continue to NOT speak our truth, NOT spread the message we believe in, and NOT own how important and life-changing this message of ETHICAL VEGANISM is â€“ as well as to NOT take action towards bringing that message to the world and making it into reality â€“ we will continue to NOT make an impact and a difference that we could be making for the animals. No one is going to serve us the vegan world on the silver platter with a side of broccoli and tofu! â€˜Be the change you want to see in the worldâ€™™ goes the famous quote from Gandhi, one of the greatest leaders of all time; a saying that gets often repeated on feel-good motivational posters and in social media. But is it ENOUGH? Is it ALL that we can do? Besides, what can one person do? You and I â€“ just ordinary people, without any special powers, influence, big money, big resources, little time â€“ what can we do? What difference can one person make â€“ in my case a middle-aged woman â€“ who is also an introvert, often too shy to speak up, argue and put my foot down, often somewhat reticent and reserved in social situations â€“ what can I do? What can you do? .... .. Challenge Yourself to Dream BIG and Make Things Happen Sooner Rather Than Later! This is a different kind of vegan challenge. Itâ€™™s not about being pure, no-cheating, or coming up with the best recipe for kale chips and marinated tofu. This is about challenging ourselves to do more, be more, accomplish more, make our voice heard more, spread the message more, HUSTLE MORE â€“ ... â€“ starting right NOW! No more excuses. No more waiting for things to happen on their own or for others to do the job for us. Who is this for? For kickass vegans, activists, leaders, rebels, revolutionaries, entrepreneurs, and individuals with a passion and a vision to change the world. Letâ€™™s make this world VEGAN together, sooner rather than later! For those who have the courage and the vision to DREAM BIG and want to make things happen & their voice heard â€“ FOR THE ANIMALS. If you are tired of sitting around just being the vegan in the room, waiting for the world to notice and catch up â€“ and want to do something (and perhaps youâ€™™re already doing it, and just want to step it up, or if not â€“ perhaps youâ€™™re not sure what you could be doing) â€“ then this is for you! If you want a better world, and youâ€™™re ready to take action and get to work to make it happen â€“ then this is for you. So, are you ready? The truth is we are never quite ready. I donâ€™™t know about you, but I know how I am â€“ if something isnâ€™™t urgent â€“ a task demanding my attention RIGHT NOW â€“ like a flat tire, clogged toilet, or broken tooth â€“ I often keep putting it off until I have the time, which often means I never get to it. Especially when it comes to pursuing my big dreams, volunteering and activism, or even just eating right and working out â€“ there is always something more pressing on my to-do list, so I keep putting these things off until Iâ€™™m ready to take care of them properlyâ€“. Not anymore! Letâ€™™s make a commitment (and Iâ€™™m making it too right now with you) to start doing more, speaking up more and spreading the message of veganism more â€“ and letâ€™™s make it public, to make sure you and I keep it. Unless we (vegans) step up our game and start spreading the message, in a BIG WAY, the changes â€“ which are happening right now, and itâ€™™s a promising sign, but they are painfully slow, plus it often looks like weâ€™™re taking one step forward, and two steps back â€“ but those changes will take way too long, in my opinion, and certainly much longer than they need to...

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